



Aseptic Technique

OVERVIEW

Aseptic or “sterile technique” is a method used in infusion therapy to prevent infections. All products provided by Amber Specialty Pharmacy for your infusion therapy will arrive clean and safe for you to use. It is important to keep your infusion equipment and supplies germ-free to prevent contamination or infections during your therapy. If a sterile item becomes contaminated, it should no longer be used. If you have questions about the items you will be using for infusion therapy, please contact your Amber Specialty Pharmacy health care team.

ASEPTIC TECHNIQUE USED FOR INFUSION THERAPY

- Wash your hands thoroughly with an antibacterial soap before using any of the infusion therapy products.
- Never use expired or outdated products, medications or solutions.
- Never reuse needles, syringes, catheters or any other sterile supplies.
- Do not touch any sterile surfaces with your hands or fingers.
- Do not let supplies touch any non-sterile surfaces.
- Use 70% alcohol swabs or pads to disinfect injection caps or port sites where tubing will be attached.
- Aseptic technique should be used when starting or stopping your infusion, flushing your IV catheter, preparing your infusion and changing your injection cap.

GOOD HYGIENE & PROPER HAND-WASHING TIPS

To prevent infection, it is important that you and your caregivers keep your IV catheter site clean. Keeping your infusion line access clean starts with good hygiene and proper hand-washing. Washing your hands with soap and water is essential to your care. Remember, never touch the IV site or dressing without taking time to wash your hands using these suggestions:

- Wet your hands with warm water. Avoid hot water, which can lead to skin irritations.
- Use antibacterial soap to cover the entire surface of your hands and fingers.
- While washing, rub your hands together vigorously for at least 30 seconds. Make sure to rub the front and back of each hand up to your wrists, including your fingers, fingernails and between each finger and thumb.
- Rinse your hands thoroughly with warm water.
- Dry your hands completely with clean unused paper towels. Do not use reusable or cloth towels because they can carry germs.
- Use a paper towel to turn off the faucet, and then throw the towel away. When needed, use the paper towel to open the bathroom door to avoid touching the door handle.
- After you have thoroughly washed and dried your hands, you may also want to apply hand sanitizer. Cover your hands in the sanitizer and allow them to air dry.

Amber Specialty Pharmacy is dedicated to helping you manage your infusion therapy safely and effectively. If you have any questions or concerns, our clinical team is available 24 hours a day, 7 days a week.

Contact Us

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